

Kumenya

INGENE AKANTU GATOYA

KAGEZA KU KINTU KININIYA

Ibimenyetso vya Kare Vyerekana Kanseri yo mu Bwana



- Yoba afise umuriro udafise ikiwutera uguma ugaruka?
- Kubona kwiwe kwoba kwaciye guhinduka vuba na vuba? (Ubuhumyi, ijisho rivyimvye, agahenera canke akavyimba mu jisho.)
- Yoba ahora arushe kandi biboneka ko atameze neza?
- Ibiro vyawe vyoba biri kugabanuka canke atagifise akayabagu?
- Yoba afise ibikomere vyinshi, kuva amaraso cane, canke gutukura ku mubiri?
- Yoba afise indwara zitegwa n'utu mikorobe ziguma zigaruka?
- Woba warabonye ikivyimba kiri ku mutwe wiwe, kw'izosi, mu igikiriza, ku nda, ku matengatwa, ku ngingo z'umubiri, ku dusaho tw'amate, canke mu kwaha?
- Amagufa yiwe, ingingo z'umubiri, umugongo canke amaguru vyoba bivyimvye kandi bimubabaza?

Yoba akunda kumeneka umutwe kenshi kandi akadahwa kare mu gitondo? —●—

Yoba afise umutwe munini udasanze? —●—

Yoba agira iseseme canke akadahwa nta seseme afise? —●—

Yoba atarakuze neza canke yarazingamye? —●—

Inyifato yiwe yoba yarahindutse? —●—

Ibiro vyawe canke ingene agenda vyoba vyarahindutse? —●—

Yoba agenda acumbagira canke agatsitara kenshi? —●—

Yoba yarigeze kuvunika igufa n'inkomezi nkeya /akagira ihahamuka? —●—



Kuja kwivuza igihe ibimenyetso ivyo ari vyo vyose bibandanije ibimenyetso, kubibona kare birokora amagara



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Hinduka Marayika *Mwiza...*

Inzira nziza
YO KUOKORA AMAGARA

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