

Fahimta

YAYIN DA KARAMIN ABU KE JAWO BABBA

Alamun Gargadin Ciwon Kansa Ga Yara Da Wuri



- Shin yana da zazzabi mai naci da ba za a iya yin bayanin shi ba?
- Hangen nesan shi ya canza ba zato ba tsammani? (Makanta, kumburi a kwayar ido, harara garke, ko digon farin abu a cikin ido.)
- Yana jin kasala kullum kuma an lura da yamutsewar fuskar shi?
- Yana ramewa ko ya rage ci ba zato ba tsammani?
- Yana da kujewar da ta wuce kima, ko zubar da jini ko kuma kuraje?
- Yana da cututtukan da suka nace mai?
- Ka lura da kulu a kan shi, wuya, kirji, ciki, matsematsi, wata gabar jikin shi, kaluluwa ko kuma a hammata?
- Kasusuwan shi, gabobi, baya ko kafafuwa sun kumbura sannan kuma suna ma shi zafi?

Tana yawan samun ciwon kai da yin amai da sassafe? _____

Tana da katon kai irin na marasa lafiya? _____

Tana jin tashin zuciya ko yin amai ba tare da jin tashin zuciya ba? _____

Tana rasa muhimman abubuwan ta ko kuma ta koma baya? _____

Halinta ya canza? _____

Daidaituwarta ko yanayin tafiyarta ya canza? _____

Tana yin tafiya ba natsuwa ko tana yin tuntube a kai a kai? _____

Ta samu karayar kashi tare da karamin rauni? _____



Nemi taimakon likita ga alamomin da suka nace, ganowa da wuri na TSERAR DA rayuka...

Ka zama mutum *Mai Jajircewa...*

Hanya mafi dadi
DOMIN TSERAR DA RAI



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